

Break The Fast At Plumeria

Our egg dishes are prepared with free range organic eggs only

07:00-12:00

| | |
|--|----|
| Organic Eggs Your Way | 40 |
| Two eggs served any way you like on sourdough Toast served with side salad or French fries | |
| Classic egg Benedict | 40 |
| Turkey ham, poached eggs, hollandaise sauce on sour dough bread | |
| Chilli Eggs On Tacos | 52 |
| Scrambled organic eggs with pickled chili & onions, Served with avocado, olive tapenade, jack cheese | |
| Brekkie Toastie | 52 |
| Fried organic eggs, veal bacon, wilted spinach, Vintage Cheddar cheese, semi-dried tomatoes, Topped with homemade tomato salsa | |
| Avocado On Toast 🌱 (N) | 55 |
| Spiced avocado on toasted sourdough, minted feta, Dukkha mix, spiced tomato salsa, Served with two poached egg and baby cress | |
| Planet Of The Waffle (N) | 37 |
| Fresh berries, sliced banana, berry coulis Candied nuts, whipped cream | |
| Oats Porridge | 30 |
| Cinnamon, brown sugar, honey | |
| Grab and Go Breakfast Sandwich | |
| Loaded Breakfast Veggie Sandwich (V) | 25 |
| Melted cheese, ripe roma tomato, Wild rocket leaves, grain mustard spread | |
| Creamy Egg & Cress Salad Sandwich | 25 |
| Bean sprouts, scallion, baby rocket, paprika sour cream | |
| Grilled Chicken & Pesto Salad Sandwich (N) | 25 |
| Ripe tomato, zucchini, chicken and Mozzarella cheese | |
| Healthy Granola Breakfast Pots | 20 |
| Blackberry and papaya Pomegranate almond chia mango Raspberry, avocado & kale | |

Super Food Bowls

| | |
|---|----|
| Acai Bowls 🌱 | 35 |
| Acai, coconut milk, banana, cacao nibs, Strawberry, Blueberry, coconut chips, roasted pistachio and chia seeds | |
| Pitaya Bowl (N) | 35 |
| Pink dragon fruit, banana, mango, kiwi, blackberry, Coconut milk and shaving | |
| Mango Bowl | 35 |
| Coconut milk, mango puree, home-made granola, Pomegranate seeds, coconut chips, chia seeds, Toasted almond shaving | |
| Oat Chia Kiwi Bowl | 35 |
| Oat meal and chia seeds in cinnamon almond milk Topped with strawberries, banana, granola Dates and shredded coconut | |
| Muesli To Go | 25 |
| Served with a choice of natural yoghurt Low fat yogurt, skim milk, soy milk | |
| Country crisp raspberry Jordans Crunchy tropical fruits Jordans Crunchy raisins and almonds Jordan's Muesli fruit and nut Jordans High fiber dorest Fruit, nuts and seeds dorset | |
| Selection of Greek Yoghurt Pots | 15 |
| Choice of flavor: Plain Blueberry Strawberry Peach Pomegranate | |
| Pastries | |
| Butter croissant Chocolate croissant | 10 |
| Blueberry banana cake | 12 |
| Exotic Slice Fruit Platter | 35 |
| Rock melon, honey melon, watermelon Pineapple, strawberry, dragon fruit | |
| Fruits Pots | 35 |
| Mixed berries | |



Please inform us of any allergies or dietary requirements before ordering

Dishes indicated with (A) - Alcohol (V) - Vegetarian (N) - Contains Nuts (GF) - Gluten Free (P) - PORK- 🍖 - Signature
All prices are in UAE Dirhams and inclusive of 7% Municipality fees, 10% service charge and 5% Value Added Tax



Salads

Healthy crafted salads using the freshest ingredients

Nutty Chicken & Dukkha Salad 🍴 (N) 45

Herb pulled chicken, roasted carrots,
Dried cranberry, broad beans, caviar tomato,
Celery stick, radish, watercress, Persian Feta,
Raspberry vinaigrette

Asian Grilled Shrimp Salad (N) 55

Zucchini noodles, green mango, carrot & red cabbage,
Shavings, cucumber, edamame beans,
crushed roasted peanuts, green onion,
Thai basil, lime soya dressing

Vegan Honey Roasted Pumpkin & Kale Salad 45

Baby kale, wild rice, dried cranberry, apple shavings,
Maple pecan, allspice vinaigrette

Day & Night Menu

Sandwich bar

Hand crafted sandwich pressed on the grill

Grilled fajita chicken sandwich 47

Peperonata, crushed avocado salsa,
Pickled jalapenos, jack cheese, cilantro lime aioli on country bread

Fresh Mozzarella & Roasted Figs (V)(N) 47

Balsamic grilled peppers, Kalamata olives,
Ripe tomato, rocket leaves, basil spread

Flaky Salmon Sandwich 47

Salmon confit, red onion, tomato slice, egg,
Romaine lettuce, reduced fat dill cream cheese, rye bread

Nomad Menu

Starters

Nomad Salad 🍴 (V) (GF) 57

Garden salad, strawberries, mango, cherry tomato,
Beets, cucumber, edamame, pomegranate vinaigrette

Soup Of The Day

Homemade soup served with brioche croutons 35

Main Courses

Salmon Quinoa 115

Quinoa and kale salad, grilled broccoli rabe,
Chili pomelo salsa

Oregano Chicken Breast 85

Warm barley pilaf, Feta cheese, garden salad

Burgers

Classic Cheese Burger 75

Beef patty Lettuce, tomato, onion, dill pickle chips,
Melted cheese, brioche bun
Served with burger sauce (Contain Anchovy)

Creole Chicken Burger 70

Blackened spiced chicken, crushed avocado,
Chipotle pineapple relish

Nomad Grilled Sandwiches To Order

Chicken Club 65

Turkey ham, fried egg, veal bacon, lettuce,
Tomato, herb mayonnaise

Blackened Salmon Wrap 🍴 70

Blackened salmon, guacamole, grilled corn, salsa fresca

Chicken Avocado High Protein Wrap 65

Oriental spiced grilled chicken, avocado,
Tomato, lettuce



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Freshly Squeezed Juice

| | |
|--------------|----|
| Orange juice | 18 |
| Watermelon | 18 |

Soft drinks

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|------------------|----|
| 7-Up/Diet 7-Up | 19 |
| Pepsi/Diet Pepsi | 19 |
| Miranda | 19 |

Energy Drinks

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| Vitamin Well | 25 |
| Red Bull | 35 |
| Goodness Protien Shakes Chocolate | 25 |
| Goodness Protien Shakes Strawberry | 25 |

Waters

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|----------------|-------|
| Jumeirah Still | 12/16 |
| San pellegrino | 20/32 |

Tea & Coffee

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|----------------------------------|----|
| English breakfast, Darjeeling, | 22 |
| Earl grey, chamomile, peppermint | |
| Green tea | |
| Espresso | 21 |
| Macchiato | 21 |
| Ristretto | 21 |
| Americano | 21 |
| Double espresso | 25 |
| Cappuccino | 25 |
| Turkish coffee | 25 |
| Hot Chocolate | 22 |

Have A Break

A wide selection of new range product right from protein blend to planet organic trend

Natura Chia Bar

(Gluten Free / Vegan / Lactose Free) 20

Fudgy cacao

Juicy berry

Caramel apple pie

Paleo Granola Bar

(Gluten free) 20

Chocolate bliss

Caramel apple pie

Super berry

Butter Cups

Peanut butter cup 20

Almond butter cup

Hazelnut butter cup

Organic chips

Chickpea puff (Gluten Free/ Vegan) 15

Quinoa puff (Gluten Free) 15

Fat Loss Shakes

28

Lean Mean

Spinach, mint, celery, grapefruit,

Pineapple, avocado

Bongos

Mango, pineapple, passion fruit, lemon

Muscle Gain Shakes

28

Beet It

Beetroot, strawberry, banana, yoghurt, honey

Glory

Banana, pineapple, peanut butter, almond milk

Berry Blast

Strawberry, raspberry, blueberry, banana,

Yoghurt, honey

Wellness & Vitality

28

Light It Up

Watermelon, strawberry, raspberry,

Banana, yoghurt, honey

Sow The Seed

Strawberry, kiwi, orange juice,

Lemon juice, chia seeds, honey

Also Super food Protein Blend To Any Smoothie

Shakes

10 per scoop

The Lean (vanilla, chocolate)

The Fit (vanilla, chocolate)

The Health (vanilla, chocolate)

The Strong (vanilla, chocolate)



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